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TODAY - February 17, 2010

Loma Linda University

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### Recommended Citation

Loma Linda University, "TODAY - February 17, 2010" (2010). *TODAY*.  
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LOMA LINDA  
UNIVERSITY

# TODAY

Wednesday, February 17, 2010

Volume 23, Number 3

## PHILANTHROPY EVENT

### ‘Got Heart!’ 17th annual Foundation Gala, to celebrate 25 years of life-saving infant heart transplantation

Contributed report

On the colorful invitation for this year’s Loma Linda University Children’s Hospital Foundation gala, young Jaylen triumphantly holds a trophy above his head; he wants to be a race car driver when he grows up. Jaylen’s heart surgery was performed when he was 20 months old.

And Carlie, adorable in curly pig tails, and wearing a polka dot dress and a sparkling tiara, dreams of becoming a princess. Her heart surgeries took place when she was four days, six months, and 21 months old. And Kannan, holding a baseball and bat, wants to be a baseball player or a golfer. Kannan’s heart surgery took place when he was six months old.

Jaylen, Carlie, and Kannan are among the invited guests for “Got Heart!” the 17th annual Foundation Gala, presented by the San Manuel Band of Mission Indians. The gala will take place February 27, 2010, at the Riverside Convention Center.

Twenty-five years ago, physicians at Loma Linda University Children’s Hospital pioneered the world’s first infant heart transplant. Children’s Hospital’s reputation as a global center for infant heart care continues to this day, and because of the treatment that originated at Children’s Hospital, more than 2,000 infant heart

transplants have been performed around the world. The gala will celebrate the first quarter century of infant heart transplantation.

#### The Awards

During the gala, three awards honoring individuals who have made differences in the lives of children in the community and beyond will be presented. They include: the Got Heart! Award; the Hometown Hero Award; and the Shirley N. Pettis Award.

#### 2009 Got Heart! Award

Leonard Bailey, MD, chief of surgery at Loma Linda University Children’s Hospital, developed a vision for infant heart transplantation during his residency program when he saw that otherwise perfect babies were dying from hypoplastic left heart syndrome, a congenital heart defect that had defied successful reconstructive heart surgery.

Dr. Bailey performed more than 200 experimental transplantations in infant research animals to determine the feasibility of transplantation in the very young before his first human transplantation in October 1984, when he transplanted a baboon heart into the infant known as Baby Fae. (Baby Fae’s mother, Teresa Beauclair, will be present during the gala). In November 1985, Dr.



Carlie, who has made it clear she wants to be a princess, will be among the heart transplant recipients who are invited guests at this year’s Loma Linda University Children’s Hospital Foundation annual gala, appropriately titled “Got Heart!” Pioneer infant heart transplantation surgeon Leonard Bailey, MD, will be an honoree, along with Teresa Beauclair, mother of Baby Fae, the first heart transplant infant, who received a baboon heart in 1984.

Bailey performed the first successful human-to-human heart transplant in a newborn baby. His pioneering work has enabled babies born with otherwise fatal heart deformities to be given a second chance at life.

Transplantation remains a small portion of Dr.

Bailey’s practice, which involves all types of congenital heart disease in all age groups.

With many scientific publications to his credit, Dr. Bailey is an internationally recognized authority on congenital heart surgery and infant Please turn to page 2

## INTERNATIONAL PARTNERSHIPS

### Sir Run Run Shaw Hospital, in Hangzhou, China, receives second Joint Commission International accreditation

By James Ponder

The Global Health Institute (GHI) at Loma Linda University (LLU) is happy to report that a letter from Joint Commission International (JCI) contained some very good news for Sir Run Run Shaw Hospital (SRRSH), in Hangzhou, China: its application for a three-year renewal of its accreditation was approved on December 23, 2009. The hospital first received JCI accreditation in 2006.

“We’re so proud of our colleagues in China,” says Jan Zumwalt, RN, MBA, associate director at GHI. “All the hard work put into the accreditation process by administrators and

staff at SRRSH and LLU has come to a very positive conclusion. We’re very happy to be a part of this!”

In announcing the successful culmination of the triennial accreditation process, Ann K. Jacobson, executive director of JCI, offered congratulations to He Chao, MD, president of SRRSH, and “all the other leaders and staff of Sir Run Run Shaw Hospital in achieving this recognition of your commitment to provide quality care on an ongoing basis.”

In receiving the good news, Dr. He acknowledges that JCI accreditation is one of the most important quality indicators in the world of

health care. However, he goes on to challenge his staff and colleagues to keep moving forward.

That commitment to continual advancement is evident throughout the sprawling SRRSH campus. New best practices and evidence-based improvements are constantly bringing advances in patient care and services. In fact, the quest to continually improve was largely responsible for SRRSH becoming the first public hospital in the People’s Republic of China to receive JCI accreditation; it is also the motivation behind this latest survey success.

Four JCI surveyors—John Duffy, MD, physician team leader; Helen Cole, RN, MBA, clin-

ical surveyor; Antonio Silva Perez, BE, MEE, facility surveyor; and Richard Sheehan, RN, MSN, nurse surveyor—were on site at SRRSH from December 14 to 18, 2009.

At six and three months before the accreditation survey, experienced experts from Loma Linda University Medical Center, East Campus, and the LLU School of Medicine, worked, by video-conference and in person, with their Chinese counterparts to ensure that every aspect of the SRRSH operation was excellent in all respects.

Daniel Giang, MD, vice president for medical administration at LLUMC, was in Hangzhou from July 2 to 23, 2009, helping the administration and medical staff identify the biggest areas of vulnerability during the then-upcoming JCI survey. Dr. Giang looked for potential concerns or problems related to physicians. According to Jan Zumwalt, his feedback was helpful to Please turn to page 8



## Annual foundation gala to celebrate 25 years of life-saving infant heart transplantation ...

Continued from page 1

heart transplantation. He lectures and operates regularly throughout the world. He is the distinguished professor of surgery, Loma Linda University School of Medicine, and chief of surgery, LLU Children's Hospital.

The Got Heart! Award honors outstanding individuals who have, through exemplary service, made long and sustained contributions benefiting children in the local communities and beyond. Dr. Bailey is recognized for his distinguished lifetime commitment to children through leadership, and because he is a champion for children.

### 2009 Hometown Hero Award

Robert Erikson, a 35-year member of Kiwanis International, is the recipient of the 2009 Hometown Hero Award.

Mr. Erikson, a retired educator, serves on the Cal-Nev-Ha District Board and is chair of the Kiwanis Pediatric Emergency Medicine Fellowship. In addition, he helped develop the Cal-Nev-Ha Foundation's pediatric trauma prevention program. Mr. Erikson served as Kiwanis district governor from 1995 to 1996.

Established in 1992, the Kiwanis Pediatric Emergency Medicine Fellowship at Loma Linda University Children's Hospital trains physicians who specialize in the care of acutely ill or injured children and teens in the emergency department. As part of the program, they share information about pediatric trauma care in training programs attended by doctors, nurses, and first responders in communities throughout the California, Nevada, and Hawaii regions.

In addition to providing funds to establish the Kiwanis Pediatric Emergency Medicine Fellowship, Mr. Erikson's leadership in addressing the needs in pediatric trauma has resulted in donations of funds and equipment to Loma Linda University Children's Hospital, and to children's hospitals in Oakland, San Diego, Las Vegas, Central California, and in Honolulu.

Loma Linda University Children's Hospital Foundation initiated the Hometown Hero Award program in early 1997 to recognize the contributions of individuals who share the hospital's passion for children, and who help enrich the quality of life in the community.

### 2009 Shirley N. Pettis Award

Cathy and Steve Kienle, recipients of the 2009 Shirley N. Pettis Award, are committed to giving back to their community and are true champions for children.

The Kienles give generously of their time. Cathy has volunteered with not-for-profits, including the American Heart Association, Parkview Hospital, Riverside Humane Society, the Sharon Roberts Cancer Foundation, and Riverside Community Hospital. Her husband, Steve, volunteers at California Baptist University. In addition, the Kienles sponsor numerous charity events throughout the region.

It was the Kienles' enthusiastic commitment to host an annual event benefiting Loma Linda University Children's Hospital—the Walter's Children's Charity Classic—that inspired the creation of the Children's Hospital Champions for Children program. In fact, the Kienles were the very first Children's Hospital Champions for Children.

This year there are 16 corporate champions, and this number continues to grow. Each of these corporations and support organizations hosts an annual fundraising event that benefits Children's Hospital with a gift of \$5,000 or more.

Over the past 14 years, Walter's Children's Charity Classic has donated more than \$2.6 million to Children's Hospital. These funds have supported critical areas within Children's Hospital, including the cardiac intensive care and neonatal intensive care units, the pediatric intensive care unit, the child abuse protection center and child abuse prevention center, the emergency department, the craniofacial specialty team center, hematology and oncology, acute care, the pediatric diabetes center, and the extracorporeal membrane oxygenation (ECMO) program.

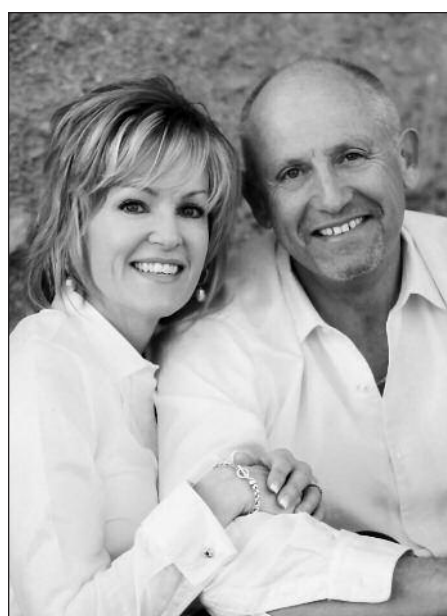
When asked about their longstanding and deep commitment to helping the region's children through their support of Children's Hospital, Cathy focuses on the dedicated clinicians and caregivers. "It's inspiring," she says, "to see the passion that the doctors, nurses, and staff at Children's Hospital show for their young patients. They truly have a passion to serve and help that is contagious."



Leonard L. Bailey, MD



Robert Erikson



Cathy and Steve Kienle



Vikki Carr

Steve is quick to point out that businesses and individuals in the Inland Empire provide sponsorships that make the Walter's Children's Charity Classic a reality. "If it wasn't for these generous sponsors," he says, "we couldn't do it. It's awesome to see the community come together to fulfill a mission of helping and healing children."

The Shirley N. Pettis Award recognizes outstanding dedication and distinguished service to children. Through their volunteering and community service, the Kienles have demonstrated the desire and motivation to improve the lives of children throughout the

Inland Empire communities.

The evening's entertainment will be presented by Vikki Carr, who has performed in the United States, Latin America, and Europe. She is approaching the fifth decade of a career in which she has won three Grammy Awards and has released more than 60 bestselling recordings. She has performed for five U.S. presidents, war-time soldiers in Vietnam, and for sold-out audiences around the world.

For more information about the 17th annual gala, and to see the growing number of sponsors, access <[LomaLindaGotHeart.org](http://LomaLindaGotHeart.org)>.

### SCHOOL OF PUBLIC HEALTH EVENT

## LLU Medical Center to sponsor lifestyle conference

By Heather Reifsnyder

Loma Linda University Medical Center (LLUMC) treats the sick to bring about healing and wholeness through its comprehensive clinical and specialty programs. But no one wants to see people come through the doors whose illnesses could have been prevented or improved upon through simple lifestyle choices.

In recognition of the importance of preventive medicine and proper management of chronic diseases, LLUMC will be the presenting sponsor of the Healthy People 2010 confer-

ence organized by Loma Linda University School of Public Health. This event convenes on March 9 and 10, and it is the leading conference on lifestyle and chronic disease in the nation's southwest.

"We are committed to supporting programs that promote health and healing in the community," says Gerald Winslow, PhD, vice president for mission and culture at LLUMC, the region's leading health care provider. "Our goal is to provide the necessary health care for every person who comes to us. By keeping the community healthy through preventive medi-

cine programs, resources can be directed to care for those who are afflicted with acute and unavoidable health problems."

With a theme of crisis and opportunity, the conference is focused on the opportunities for addressing chronic diseases, even as the nation struggles with the crisis in health care. The event is a forum for health care, public health, and other community leaders to reframe the conversation on improving health now.

Keynote and plenary speakers include Dean Ornish, MD, of the University of California at San Francisco; Anthony B. Iton, MD, JD, MPH, senior vice president, Healthy Communities, The California Endowment, and narrator of the film series "Unnatural Causes"; Jonathan Fielding, MD, MPH, MBA, director and health officer at the Los Angeles County

Department of Public Health, as well as professor at UCLA; Linda Rudolph, MD, MPH, deputy director of the California Department of Public Health's Center for Chronic Disease Prevention and Promotion; Sheldon Greenfield, MD, executive director at the University of California (UC) Irvine's Center for Health Policy Research, and professor at UC Irvine; and Robert Ross, PhD, professor, School of Kinesiology and Health Studies, Queen's University, and professor, department of medicine, division of endocrinology and metabolism, Queen's University, Canada.

In addition to these experts, more than 30 other speakers will address topics such as prenatal and childhood obesity, moving lifestyle medicine forward through research and coalitions, health Please turn to page 3



INTERNATIONAL OUTREACH

School of Public Health sends team to Haiti

By Heather Reifsnyder

A disaster response team arrived in Haiti Thursday, January 21, 2010, from Loma Linda University School of Public Health, and remained in the country until early February, working on rapid response.

The team operated out of Carrefour, a town just a few miles west of Port-au-Prince, the location of two institutions the School of Public Health is working with—Hopital Adventiste d’Haiti and the Haiti country office for the nonprofit Adventist Development and Relief Agency.

“We hit the ground running on Friday and have been involved in critical public health interventions since then,” says Walleska Bliss, MPH, coordinator of LLU’s CDC-funded Center for Public Health Preparedness.

Approximately 30,000 displaced persons are staying on the grounds of the nearby Haitian Adventist University, and the team worked to prevent the emergence of a public health crisis in the camp.

At the hospital, School of Public Health water and sanitation expert Ryan Sinclair, PhD, MPH, worked on the water treatment system to ensure usable water for the hospital as it treats many of the injured.

The team also conducted assessments that serve as a baseline for the activities of local partner relief agencies, as well as coordinating between relief organizations.

Various team members are trained to lead in areas including environmental health, behavioral/psychosocial health, child wellness, and disease transmission.

In addition to Dr. Sinclair and Ms. Bliss, the group in Haiti comprised Andrea Champlin, MPH, and team leader Jesse Bliss, MPH, respectively program manager and director of Loma Linda University Center for Public Health Preparedness, as well as Tiery Osias, MPH, from the Orange County (Florida) Department of Health. Alina Dorian, PhD, MPH, of UCLA, worked stateside with the response team.

INTERNATIONAL OUTREACH

LLU School of Public Health influence felt in Malaysia

By Heather Reifsnyder

Living a healthier lifestyle features prominently in many people’s list of goals. Yen Ang’s to-do list is a little more ambitious: this DrPH graduate from the School of Public Health is striving to improve the lifestyles of all 950 employees at Penang Adventist Hospital in Malaysia.

“Malaysia now has one of the highest prevalences of obesity, heart disease, and diabetes—comparable to, if not higher than, American statistics,” she explains.

Lifestyle is very often the root of these conditions, so Dr. Ang is kicking off a wellness program and lifestyle intervention clinic at the hospital, where she works as a health consultant. Eighty percent of the employees recently participated in a health risk appraisal that included tests such as bloodwork and weighing. Based on each individual’s risks, Dr. Ang will direct people through an appropriate lifestyle program.

The hospital held an event January 17 to launch these new workplace wellness measures, which government officials and members of the press

attended. Also in attendance was David Dyjack, DrPH, dean of LLU School of Public Health.

Dr. Dyjack and Dr. Ang teamed up, along with Edward Nathan, MBBS, MPH, another LLU graduate, to offer a workplace wellness conference January 21, attended by 110 people representing about 60 companies and the Malaysian Ministry of Health.

“Workplace wellness is high in everybody’s mind there because companies are trying to do the right thing by their employees,” Dr. Dyjack says.

Also while in Malaysia, Dr. Dyjack established positions for two students to rotate through Penang Adventist Hospital—one spot in the wellness clinic for preventive care students, the other with the chief financial officer for students studying health care administration.

During his trip to Asia, Dr. Dyjack also visited with administrators from Hong Kong’s Tsuen Wan Adventist Hospital and Hong Kong Adventist Hospital to begin establishing a relationship between those facilities and LLU School of Public Health.

Medical Center to sponsor lifestyle conference . . .

Continued from page 2

disparities and social justice, technology and behavior change, an update on cardiovascular disease, obesogens and obesity syndromes, population-based approaches to chronic disease management, creating successful partnerships, and building healthy communities through land-use policies and community engagement.

The conference is open to any interested individuals and offers 12.5 continuing professional

education units for physician assistants, registered dietitians, certified health educators, registered nurses, nurse practitioners, medical doctors, and doctors of osteopathy.

Early-bird registration (available through March 3) is \$150—25 percent off the on-site price of \$200. Continuing education is an additional \$45 through March 3 and \$60 thereafter. For more information, visit <www.healthypeopleconference.org>.

SPIRITUAL LEADERSHIP



Kathy McMillan, MA, director of employee spiritual care and wholeness at Loma Linda University Medical Center (LLUMC), and Gerald Winslow, PhD, vice president for mission and culture, spend a moment with the sculpture of Jesus Christ near the front entrance to LLUMC. According to Dr. Winslow, Ms. McMillan was selected as the winner of the spiritual life leadership award for her contributions to employee spirituality.

Spiritual life leadership award spotlights department of employee spiritual care

By James Ponder

When Kathy McMillan, MA, was announced as winner of the spiritual life leadership award for 2009, it was no big surprise to her colleagues.

Ms. McMillan herself, however, was somewhat astounded by the news.

“The truth is, I was truly surprised,” notes Ms. McMillan, who directs the department of employee spiritual care and wholeness at Loma Linda University Medical Center (LLUMC).”

She adds, “It was an incredible honor to receive the award. I am so blessed to be able to come to work every day and help impact the culture here at the medical center.”

According to Gerald R. Winslow, PhD, vice president for mission and culture, the award was created to emphasize the important role spirituality plays in the mission and values of the health care institution.

“The spiritual life leadership award is given annually to one person who has helped lead our entire organization to be more effective in accomplishing our faith-inspired mission,” Dr. Winslow reports. “Nominees are sought and the final selection overseen by the LLUAHSC spiritual life committee, a representative group of leaders from the university and the health care ministries.”

Dr. Winslow says Ms. McMillan was chosen to receive the award because of the unique contributions she makes to the spiritual life of the organization. “We are pleased to honor Kathy McMillan for this award. Her work as director of LLUMC’s employee spiritual care and wholeness department has been a wonderful blessing to our whole campus community.”

Ms. McMillan says the department of employee spiritual care grew out of an earlier department supporting nurses in their role as spiritual caregivers.

Please turn to page 4



Sandra Will, massage therapist, gives an employee a massage to relieve stress. According to Kathy McMillan, MA, director of employee spiritual care and wholeness, “massage specialists are trained to assess patients’ spiritual needs at the same time they offer physical comfort and relief.” Patient and employee responses have been extremely positive.



## SHARING CHRISTIAN LOVE

## Everybody loves a LOV story

By James Ponder

Valentine's Day may be over, but the department of employee spiritual care and wholeness at Loma Linda University Medical Center (LLUMC) wants to hear about your LOV stories anyway.

No, they're not interested in knowing whether you prefer romantic walks on the beach, or candlelight dinners under the stars—what they're looking for are stories that share how LLUMC employees are Living Our Values (LOV).

"Every day," notes Gerald R. Winslow, PhD, vice president for mission and culture, "our employees and volunteers provide amazing examples of living our values. These 'LOV' stories occur around the clock in every department of our hospital system. Together, they shape what is so special about LLUMC's

faithful health care ministry."

Dr. Winslow says that the values team recently embarked on a project of collecting LOV stories, which he calls "wonderful illustrations of living our values." He observes that "these stories may seem little or big, their endings may be happy or sad, but all are memorable and potentially life-changing. The goal of our LOV stories project is to share the inspiration these stories provide."

He goes on to say that there are practical reasons for sharing LOV stories with others. "One of the most effective ways to encourage all of us to live the core values that embody our mission is to share great stories. Every day in our LLU hospital system, our caregivers reflect God's love by living those core values of compassion, integrity, excellence,

teamwork, and wholeness. Our goal is to tell these stories of faithfulness in a way that will inspire us."

According to Kathy McMillan, MA, director of employee spiritual care and wholeness, "a variety of recognition elements are being used to thank employees who exemplify our values. We know there are dozens of instances each day in which employees exhibit our values.

"The LOV stories program has been created to collect these stories to encourage others to practice our values in everyday life." Ms. McMillan acknowledges that many employees have already submitted LOV stories about themselves and/or their colleagues.

How will the stories be used? Dr. Winslow says selected stories will appear "in special publications and on our website." He also points out that stories do not have to be in perfect form; the values committee will take care of getting them written to print-worthy standards.

Individuals who would like to share a LOV story may do so in one of five different ways:

- By e-mail at <LOVStories@llu.edu>
- By calling (909) 558-4000, extension 56848
- By filling out an online form at: <http://bit.ly/MyLOVstory>
- By sending the details by intercampus mail to: LOV Stories, MC-4011
- By faxing the details to (909) 558-0862, or extension 80862.

Dr. Winslow requests that e-mail or telephone messages include your name and contact information, as well as the best time to reach you.

"If you're not sure whether your story is suitable," he concludes, "don't hesitate to ask. Our hope is to gather as many stories as possible."

## Spiritual life leadership award ...

Continued from page 3

"The nursing spiritual care department supported nurses for more than 20 years," she remembers. She points out that six years ago, B. Lyn Behrens, MBBS—who was then president and CEO of the organization—asked her to expand the nursing spiritual care program so its services and resources could be accessible to all medical center employees.

That sounded like a wonderful idea to Ms. McMillan, who describes her department's mission in terms of encouraging employees to develop the effectiveness of their spiritual outreach. "Our mission," she observes, "is to promote a Christ-centered environment by nurturing spirituality and encouraging wholeness in medical center employees and supporting them as they care for others."

Ms. McMillan explains that the department of employee spiritual care and wholeness supports employees in two ways.

"One is the spiritual nurture of our employees," she notes. "To that end, we provide programs such as the week of renewal, OASIS, an annual day of renewal, and ThankSharing. We send out our weekly *Spirit Lifter* and monthly *Prayer Calendar*. We are planning a center for renewal for employees.

"Secondly, we educate our staff about spiritual care-giving and provide them with resources to do that," she continues. "All new employees are oriented about their role as part of our spiritual care team."

Offering employees a selection of spiritual care resources is an important function of the department. "We provide a variety of tools for the employees' use," she reports. "Prayer Notes are postcards with a scripture verse and a note assuring the recipient of prayer. Promises is a tiny pamphlet that lists scripture promises on various topics. A book on health care and religious beliefs provides information about how to better understand and provide care for people

Please turn to page 5

# "LOV" Stories Project

## We need your stories...

We are collecting "LOV" (Living Our Values) stories and invite you to share experiences that have happened to you or a colleague that illustrate how Compassion, Integrity, Excellence, Teamwork, and/or Wholeness are being lived out at work.

The goal of this project is to share the inspiration these stories provide on the web and in print\*.

### Ways to submit a story:

- E-mail: [LOVStories@llu.edu](mailto:LOVStories@llu.edu)
- Online form at: <http://bit.ly/MyLOVstory>
- Intercampus Mail: MC-4011
- FAX: 909-558-0862 (x80862)
- Or simply tell your story by calling ext. LOV4U (56848)

Please include your name, extension, and/or e-mail.

\*Select stories will be published.

## LOMA LINDA UNIVERSITY

Medical Center | Children's Hospital | Medical Center East Campus  
Behavioral Medicine Center | Health Care | Heart & Surgical Hospital | Health Services



SCHOOL OF MEDICINE EVENT

A personal invitation to APC 2010

By Roger D. Seheult, MD, scientific chair, School of Medicine alumni association annual postgraduate convention

I want to personally invite you to join us this year for APC 2010. This is a new year, a new decade, and the next 100 years at Loma Linda. It may seem coincidental among all this change that our next annual postgraduate convention—the 78th APC program—planned, sponsored, and hosted by the LLU School of Medicine alumni association, will be located at a new venue. But change happens for a reason.

The four-story Centennial Complex is the largest (150,000 square feet), most state-of-the-art educational facility at Loma Linda University and will serve amply for APC 2010. Growth, innovation, and globalization are at the heart of the complex that will serve the medical school well in the future.

The new complex will provide for a growing university—expected to increase by 25 percent, from the current 4,000 students to 5,000 students by 2015; provide innovation through advanced communication technologies incorporated into the teaching and learning spaces; and

provide globalization—a virtual presence to support international outreach.

I invite you to join us on the Web at <www.llusmaa.org> for a complete rundown of events at APC this year. Here are a few of the highlights ...

Philip Gold, MD, chair of the department of pulmonary medicine, will kick off the scientific session Friday morning. The lectures will give updates in the various fields of medicine with reference to what was practiced 100 years ago.

T. Colin Campbell, PhD, of the renowned “China Study,” will be the featured speaker for the Walter E. Macpherson Memorial Lecture-ship on Sunday morning.

Multiple specialty lecture series are also available on Sunday, such as ophthalmology, orthopedic surgery, otolaryngology, and plastic surgery, as well as a nutritional symposium on Monday. Technical exhibits and a scientific poster session will be held on Sunday and Monday, from 10:00 a.m. to 3:00 p.m., in the Centennial Complex on level four.

A major goal this year is to hear more from one of our greatest resources. That is why both the morning devotionals and the Friday night vespers will feature our students.

Student authors from the book *Morning Rounds* will grace us each morning of APC with selected readings. Please come and enjoy the music, stories, and challenges of our students and alumni as they serve in devastated Haiti, struggling Afghanistan and Palestine, and around the world on Friday evening.

The Saturday night program will feature the very talented New England Youth Ensemble at the Loma Linda University Church, and the weekend will be capped by the grand banquet at the DoubleTree Hotel in Ontario.

I have often wondered what makes APC what it is: the lectures? the fellowship? the tradition? All, of course, play a role. The many hours that the alumni association staff invests in the planning each year make this conference a great deal. However, rest assured that it means nothing without your presence. Come and join us.

Presented by  
the Alumni Association  
of the School of Medicine of  
Loma Linda University



Dr. Virginia-Gene Shankel Rittenhouse, Director

New England  
Youth Ensemble

For over three decades, audiences in the United States, Canada, Great Britain, Russia, and across Europe, Africa, and Australia have enjoyed this young orchestra's outstanding performances!

Also featuring talented young artists in solo performance

Ticket Prices and Reservations

- All seating is reserved
- Golden Circle tickets: \$50 (prime front, center seating)
- Other reserved seating: \$10, \$15, \$20
- MasterCard and VISA are accepted
- Call (909) 558-7193 for reservations, tickets, and information

Other Ticket Venues\*

Adventist Book Center, Loma Linda  
Loma Linda University Student Affairs office, Loma Linda  
\*ticket purchases by cash only at these locations

Saturday, March 6, 7:30 pm  
Loma Linda University Church  
11125 Campus Street, Loma Linda

Spiritual life leadership  
award ...

Continued from page 4  
from various faith groups. In addition, a host of materials for bereaved families are available through the comprehensive bereavement programs coordinated through employee spiritual care.”

However, since Christ integrated physical care for the needs of people into His spiritual ministry, the department of employee spiritual care offers employees—and now patients as well—a real treat designed to relieve stress in a tangible way.

“Several years back,” she recalls, “we began providing massage for clinical employees approximately once a quarter. Then in 2008, we began patient massage as well. The massage specialists are trained to assess patients’ spiritual needs at the same time they offer physical comfort and relief.” Not surprisingly, she notes that “patient and employee responses have been extremely positive.”

In conclusion, Ms. McMillan points out that having a department of employee spiritual care is unique among health care institutions.

“Our department,” she insists, “is an example of the commitment of our administrators to live out the mission and motto of the institution—not just with patients, but with our employees. It’s our privilege to continue the teaching and healing ministry of Jesus as we encourage people towards wholeness.”



LOMA LINDA UNIVERSITY PEOPLE

# Awards luncheon honors those who work diligently behind the scenes to ensure employee safety

By James Ponder

Safety coordinators may not be the most visible individuals on campus, but on Thursday, January 14, 2010, the spotlight turned on the vital contributions they make to the health and safety of Loma Linda University and its employees, patients, and visitors. The occasion was the safety coordinator awards banquet, held in the Wong Kerlee International Conference Center during the lunch hour.

“Excellence in safety” was the theme of this year’s awards banquet. As members of the audience finished lunch, Don Bender, life safety and loss control officer, welcomed guests and partic-

ipants to the event. Jim Greek, DMin, director of chaplains’ services at LLU Medical Center, followed Mr. Bender and offered a devotional and prayer that contained a number of references to safety issues.

Next, Kevin J. Lang, MBA, executive vice president, and Mark Hubbard, senior vice president, took the podium to express their appreciation to all the safety coordinators for diligently working to ensure campus safety.

In presenting the first Excellence in Safety Award of the afternoon, George Johnston, PhD, assistant vice president of LLUAHSC, called on Mark Hubbard, Mike Mahoney, execu-

utive director of LLUHC, and Jim Hughes, director of finance, to the podium to honor Mignon Mosley of the LLU Health Care (LLUHC) finance department.

In commenting on Ms. Mosley’s selection, Dr. Johnston noted that she has been employed at LLU for approximately 10 years, has maintained a very low employee injury rate in her department, is a MAXCOM super-user—loosely defined as someone who excels in using the MAXCOM system of hazardous material management tracking—and conducts an assertive safety program involving quizzes, compliance, training, drills, and self-inspections. In short, Ms. Mosley is completely unwilling to compromise the safety of anyone in her department.

Dr. Johnston went on to report that Ms. Mosley takes her responsibilities so seriously that she was overheard explaining to an employee—who felt she was too busy to leave her work station during a safety drill—that her family needed her, and that if the employee were killed or injured because she was too busy to leave, Ms. Mosley would not have done her job as a safety coordinator. She further told the employee that she would be forever haunted by the fact that she had not protected the employee for the sake of the family!

The second Excellence in Safety Award was presented—by Mr. Hubbard, Mr. Mahoney, Betsy Bates, MBA, director of physical medicine and rehabilitation, and pain management for LLUHC, and Michelle Hawkins, clinical manager—to Zoe Lane, safety coordinator for the departments of physical medicine and rehabilitation, and pain management, at LLUHC. Like Ms. Lane, Ms. Mosley received a certificate, a check, and some roses.

In commenting on Ms. Lane’s qualifications, Dr. Johnston noted that in addition to many of the criteria listed above, she also completed fire extinguisher training and blue book project requirements. He also said Ms. Lane excels at fire drills by accounting for each person within her department, preparing safety handouts for

employees, and, among other things, “accepts this responsibility with a smile.”

The biggest award of the afternoon—the 2009 Safety Coordinator of the Year—was given by Mr. Hubbard, Mr. Mahoney, and Linda Moore, clinic director, department of gynecology and obstetrics, LLUHC, to Sandy McCoy, safety coordinator in gynecology and obstetrics.

In discussing Ms. McCoy’s achievements, Dr. Johnston noted that in addition to serving as safety coordinator for her academic division for eight years, Ms. McCoy also maintained a very low rate of employee injury, 100 percent departmental compliance with fire extinguisher training and blue book requirements, 100 percent attendance at safety coordinator meetings, and is also a MAXCOM super-user. He went on to say that Ms. McCoy communicates compliance issues for a non-patient care unit to individuals within her department, participates in code pink drills for neighboring offices, ensures fire extinguishers and kits are in place for new office locations, holds in-service meetings for employees during lunch hours so everyone can attend, forwards the safety newsletter to every person in her department, and represents the spirit and mission of LLU.

As recipient of the Safety Coordinator of the Year award, Ms. McCoy received a commemorative plaque, along with a check and some roses.

“Safety coordinators are the eyes and ears of the safety program,” notes Dr. Johnston. “Working quietly behind the scenes, they observe and report hazardous conditions, carry safety knowledge into the heart of their departments, and help to instill a safety attitude in the minds of the employees.”

Dr. Johnston concludes by noting that “the office of environmental health and safety, the office of radiation safety, and the security department all have specialists and technicians who can provide expert advice intended to safeguard persons and protect the organization’s facilities. However, it is the safety coordinators who carry the safety program into their own work environment. LLUAHSC’s safety coordinators, along with their colleagues in their own departments, are the ones who make safety programs work to the benefit of our organization and its employees.”



Sandy McCoy (center), safety coordinator for the department of gynecology and obstetrics at Loma Linda University Health Care (LLUHC), was honored as the 2009 Safety Coordinator of the Year at the safety coordinator awards luncheon held January 14, 2010, in the Wong Kerlee International Conference Center. With her are (from left) Kevin J. Lang, MBA, executive vice president of finance, LLUAHSC; Mike Mahoney, executive director of LLUHC; Ms. McCoy; Linda Moore, gynecology and obstetrics clinic director, LLUHC; and Mark Hubbard, senior vice president, LLUAHSC.

LOMA LINDA UNIVERSITY PEOPLE

# After 47 years, Mary Trujeque leaves ‘em laughing

By James Ponder

Mary Trujeque, staffing coordinator at Loma Linda University Medical Center, left her friends and colleagues laughing as she brought her 47-year career—one of the longest in Medical Center history—to a close on Wednesday, February 3, 2010.

Never one for subtlety, Mary dressed for her retirement party in over-the-top style. Wearing a black skirt, purple jacket, white “Queen” sash, white princess tiara, and giant feather boa in bombastic fuschia (or flamboyant hot pink depending on which expert you ask), Mary was the very model of restrained elegance.

As she tells it, Mary insists the trouble started back in 1962 when she accepted a summer job as a nurse’s aide at the original Loma Linda Sanitarium and Hospital up on the hill.

“I wasn’t looking for a career when I came here,” she recalls. “I was right out of high school, and didn’t know what to do with my life. So when Gertrude Hassler, director of nurses at the time, asked if I wanted to work here for the summer, I jumped at the chance.

“Some summer job,” she says. “I ended up staying 47 years! That’s why I tell my friends, ‘Don’t invite me to stay the weekend; I might move in!’”

Ms. Trujeque—who was known by her maiden name of Mary De Soto in those days—says she was “fresh out of Redlands High School” and didn’t know what to do with her life. “I thought maybe I’d become a secretary,” she remembers. “I didn’t want to go to college, but I wanted to do something in the world of business.”

As it turned out, Mary’s glad she took the Please turn to page 7

## Reportable crimes

The Crime Awareness and Campus Security Act of 1990 requires Loma Linda University to publish interim reports on campus crime activities. Listed below are the crimes reported for the months of January 2010:

Type of crime	Number of crimes	Place of crimes
Vehicle burglary	4	Drayson Center Caroline Street parking lot Lot J (2)
Grand theft	1	LLUMC
Burglary	2	General counsel office Campus Store
Threats	2	LLUMC Surgery Center

You can assist the Department of Security in maintaining a safe and secure environment by notifying security immediately at extension 911 if you see or know about a crime taking place.

LOMA LINDA UNIVERSITY PEOPLE

Longtime nursing instructor passes away at age 93

By Dustin R. Jones

Anabelle Mills Hills, MS, RN, an associate professor of nursing at the LLU School of Nursing from 1945 to 1987, passed away February 3, 2010, at the age of 93.

"Anabelle was one of those rare individuals who not only was able to pass on the knowledge and skills of nursing to her students—she loved them as a mother, and they returned her affection," says Marilyn Herrmann, PhD, RN, dean of the School of Nursing.

"She will be deeply missed by all who knew her," Dr. Herrmann adds. "Loma Linda University School of Nursing has lost one who truly reflected God's love in this world."

In 1949, when the College of Medical Evangelists (CME) started its baccalaureate program, Anabelle Mills became a teacher and taught medical specialties; orthopedics; genito-urinary; gynecology; eye, nose, and throat; dermatology; and neurology. In 1955, CME sent Anabelle to the University of Colorado at Boulder to earn her master's degree.

When she returned to Loma Linda, she was

assigned to teach graduate classes. Anabelle was promoted from assistant professor of nursing to associate professor of nursing in 1961. In 1965, she became assistant to Dean Maxine Atteberry, taught classes, scheduled students, and directed the student health service. In 1966, Anabelle took over the skills laboratory, a position she held for many years. She was known as a caring, but firm, teacher.

Her goal was to make sure all the skills labs were consistent for each group of students. Over the years, she became legendary in her teaching methods in the skills lab.

"I thought our skills lab room should be a model for the best nursing," Ms. Hills once said. "It is in the skills lab where students really learned basic nursing and practiced it. It is in the lab you learn your basic defense against infection."

In 1978, three years before her official retirement, Anabelle married Floyd Hills at Loma Linda University Church, with 78 nursing student bridesmaids. "I could have gotten married earlier," Ms. Hills once confessed, "but I promised the Lord that I would work as a nurse for Him as long as He guided me. So I didn't think that marriage was a part of that."

After officially retiring in 1981, Ms. Hills was asked to rejoin the LLUSN teaching staff many times. She volunteered in the skills lab as late as 1993. "I was in the skills lab again until I realized I was keeping the students a half an hour over the scheduled time because I was so picky-picky," she stated. "I figured they didn't need a picky old gray-haired lady anymore."

Ms. Hills was named emeritus associate professor in 1996.

During her many years of teaching, it was the interactions with patients that Ms. Hills treasured most. Once a patient with severe liver problems made Anabelle promise to hold her hand when she died. "You are the nearest to an angel I will ever be," the patient said.

Anabelle Mills Hills was not only a mentor and model, but also a mother figure to her students.

"The Lord has been good to me and I look back on my career in nursing with a great deal of happiness," Ms. Hills said in 2001. "I love to see the students and am thankful they are happy to hug me when they see me."

Many nursing students' lives have been changed by Ms. Hills. Through the years, the School of Nursing, alumni association, and many individual classes have honored Ms. Hills.

"I am just a person who was doing what the Lord asked me to do," she said.



Anabelle Mills Hills, MS, RN, passed away on February 3, 2010, at the age of 93.

A scholarship endowment fund has been established in Anabelle Mills Hills' name. This fund currently has more than \$164,000 and gives away several undergraduate scholarships each year to deserving students who exemplify the Scripture verse, "do justly, love mercy, and walk humbly with thy God." If you would like more information about this endowment, please contact Karin Bryner at <kbryner@llu.edu>.

Mary Trujeque leaves 'em laughing ...

Continued from page 6  
summer job. While working on the surgical unit, she met a patient by the name of Manny Trujeque. "He was a barber at the time," she recalls. "He's a truck driver now." The couple have been married since 1966.

"I learned a lot as a nurse's aide on the surgical unit," she shares. "I knew they did appendectomies and tonsillectomies, but I saw stuff I never knew they did." Mary worked as an aide for one and a half years, but she always knew that wasn't

the line of work for her. She became the unit secretary and found that more to her liking.

In 1967, she transferred into the staffing office and began working there. That same year, along with all the other hospital employees, a very pregnant Mary moved into the new Medical Center at its current location.

Some time later—she can't remember exactly when—Mary became the unit manager on her department. Then she transferred back to

the staffing office, where she has worked ever since. "I've been here the last 15 years or so," she adds.

What will Mary miss the most about working here? "My friends," she insists. "I've made lots of wonderful friends all over this place."

That fact became very apparent at her retirement party as a steady stream of friends and admirers poured into Café A in the Medical Center dining room to pay their respects.

The room was soon swarming with people, alternating between laughter and tears.

"I won't miss coming in at 5:30 in the morning," Mary tells the group. "They can take that and throw it away."

When asked what she is looking forward to, Mary said she loves spending time with her grandchildren. "I've got three girls and one boy," she brags. "They live in Pahrump, Nevada, with my daughter. My son isn't married and has no children."

She also knows what she doesn't want to do. "I won't be gardening," she laughs. "I don't like bugs!"

"You love cleaning your house," co-worker Anita Calaranan suggests.

"True!" Mary replies. "I also love shopping, painting figurines, and reading. But it's gonna be an adjustment. I've worked here full time for 46 years and one year part-time. Working here has been my life!"

Throughout the party, Mary jokes with co-workers, even offering, at one point, to don a swimsuit to add a touch of glamour to the occasion. Is she always so outrageous?

"Let's just say I didn't manage to stay out of trouble the whole time I worked here," she admits. "But everyone was very forgiving. I always tell them, 'I'm a product of my environment. Since this is where I grew up, if you don't like the way I turned out, you're the one to blame!'"

Please turn to page 8



Mary Trujeque (left) shares a laugh with Ellen McCarville, her boss, during Mary's retirement party on Wednesday, February 3, 2010, at Loma Linda University Medical Center (LLUMC). Ms. Trujeque, who is retiring from a 47-year career at LLUMC, has held her current position of staffer in the office of central staffing for the last decade and a half. Prior to that, she worked as a unit manager, unit secretary, and nurse's aide. During the party, Mary alternated between laughing and crying as hundreds of friends and colleagues came by to bid her farewell.

ADVENTIST HEALTH STUDY

Adventist Health Study receives major grant from World Cancer Research Fund

By Richard Weismeyer

Adventist Health Study principal investigator Gary E. Fraser, MD, PhD, professor of medicine and epidemiology, has received a grant from the World Cancer Research Fund headquartered in London, United Kingdom.

The award, in the amount of approximately

\$220,000, is for a project titled "Dairy, Meat, Linolenic Acid and Soy Consumption as Risk Factors for Prostate, Colorectal, and Breast Cancer in a Cohort With a Wide Range of Dietary Habits: Adventist Health Study-2."

The grant will be used over a four-year period beginning April 2010.





It is thumbs up and big grins all around as members of the Sir Run Run Shaw Hospital (SRRSH) staff join colleagues from Loma Linda University (LLU) and surveyors from the Joint Commission International (JCI) in celebrating their second successful survey JCI. "All the hard work put into the accreditation process by administrators and staff at SRRSH and LLU has come to a very positive conclusion," says Jan Zumwalt, RN, MBA, associate director, LLU global health institute.

## Sir Run Run Shaw Hospital receives second Joint Commission International accreditation ...

Continued from page 1

Virginia L. Mullen, RHIA, executive director of patient safety and reliability.

Ms. Mullen put together a mock survey team consisting of Mohammed Ghonim, PharmD, director of pharmacy services; Larry Feenstra, director of clinical engineering; and Joy Guy, MHA, clinical educator and staff developer.

The mock team worked with the SRRSH staff from September 7 to 11, 2009, conducting a five-day, on-site mock survey just like the real one the JCI investigators would conduct in December. Members of the LLU team individually surveyed areas of the SRRSH operation and kept records of their findings.

"The mock JCI team propelled the SRRSH staff into action," Ms. Zumwalt notes, "at a time when the actual surveyors were scheduled to arrive in just three months. Li Zhong, RN, director of quality management at SRRSH, told me a number of times during the December accreditation survey how helpful the mock survey team had been, and how much it contributed to their success. Dr. He, president of SRRSH, also said repeatedly how deeply appreciative he is to all the LLU professionals who mentored the SRRSH staff, both at SRRSH and in Loma Linda over the past 15-plus years."

Throughout the year prior to the survey, Gerry Ellis, MBA, administrative consultant for LLU at SRRSH, mentored, lectured, taught, and monitored the various standards and requirements. "He was the go-to person," Jan Zumwalt notes. "If anyone had questions, Gerry had the answers."

At the conclusion of the mock survey, the LLU team presented SRRSH officials a table outlining how the hospital met—or, in some cases, did not yet meet—JCI standards, and a priority list of issues which needed to be addressed before the survey.

As the accreditation process got underway in December, LLU officials in California were kept abreast of progress in a series of daily e-mails from members of the LLU staff on site at SRRSH during the survey: Gerry Ellis; Joanna Yang, MS, RN, nurse practitioner, stroke program coordinator; and Ms. Zumwalt.

"Dear everyone," the first e-mail began. "One day down and four to go! There is an amazing difference this year in comparison to 2006! The SRRSH staff are much more knowledgeable regarding the standards and are much more independent with problem-solving and survey issues ...."

The second e-mail, perhaps the most restrained

in its enthusiasm of the five, pointed out that "there are, thankfully, many things going well." Like the other daily communications from Mr. Ellis, Ms. Yang, and Ms. Zumwalt, it listed departments the surveyors had singled out for praise, as well as areas of concern.

By the time the third day rolled around, the e-mail reflected a decidedly more positive tone. "Hello everyone," it began. "Thank you for your notes, resource materials, prayers, etc. Day three is a bit of a turnaround day for the positive. We think the surveyors are beginning to see all the excellent things the SRRSH staff are doing. While the concerns and challenges from the previous two days still exist, there were lots of outstanding departments visited on Wednesday."

Day four brought continuing good news, and a bit of irony, as it spotlighted the institution's location at the intersection of Eastern and Western medicine.

"Hello everyone," it said. "We had a good Day four survey; however, we were down one surveyor because Dr. Duffy, the JCI team leader, was diagnosed with bronchitis and had to go back to his hotel room after morning briefing session .... The day before, they had given him some Chinese traditional throat lozenges for his cough, but I guess that was not enough!" The e-mail concluded with the announcement that Dr. He is really pleased with progress of the survey so far.

By the conclusion of the fifth and final day of the survey, you could practically hear the shouts of exultation wafting across the Pacific from China. "We are very pleased to report that the JCI survey team leader, Dr. Duffy, said in the final afternoon summary in the big meeting hall, 'You give excellent, excellent patient care!'"

Dr. Duffy concluded by noting that the JCI team has conducted many surveys, and "this survey ranks at the very top!"

## Mary Trujeque leaves 'em laughing ...

Continued from page 7

The week she retired was very eventful for Mary. Not only did she also turn 65, but her husband Manny, who is 70, retired from his career as a truck driver. Until now, the lovebirds haven't spent much time together, since she worked days and he worked nights.

"I keep telling him that one of us is going to die," she jokes, "and it's not gonna be me! We'll probably drive each other mad. Whenever we get into an argument, he always says, 'I'm not gonna fight with a crazy person!' and walks away."

In summarizing Mary's accomplishments, her boss, Ellen McCarville, MS, RN, director for adult flow, rapid admit unit, doesn't call Mary crazy, but does acknowledge her wonderful sense of humor.

"Mary Trujeque came to LLUMC in 1962,"

Ms. McCarville notes, "and has shared with all of us her sense of humor, joy, and ability to get the job done. Over the years, Mary has interacted with many departments. It's a rare person who doesn't have a Mary T. story. She will be surely missed, both for her work ethic and her forthright style. Blessings to her always."

As the party started winding down, Mary spent equal time laughing, hugging, cracking jokes, and crying. She said she looks forward to doing lots of neat things—like taking a train trip with Manny to see the autumn leaves in New England, and stopping in New Mexico to see his relatives on the way home—but also noted she'll miss Loma Linda.

"This place has been my life for 47 years," she explained, dabbing her eyes with a tissue. "I'm going to miss this place a lot!"



Volume 23, Number 3 | Wednesday, February 17, 2010

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